

Energy efficient refrigerators and freezers

Energy star rating labels

The energy-rating label displayed on a fridge/freezer shows an energy consumption figure and a star rating from one to six.

Choosing an energy efficient model is as simple as comparing the stars. The more stars, the more efficient.

Operating costs can be calculated simply by multiplying the energy consumption figure by the current domestic electricity tariff.

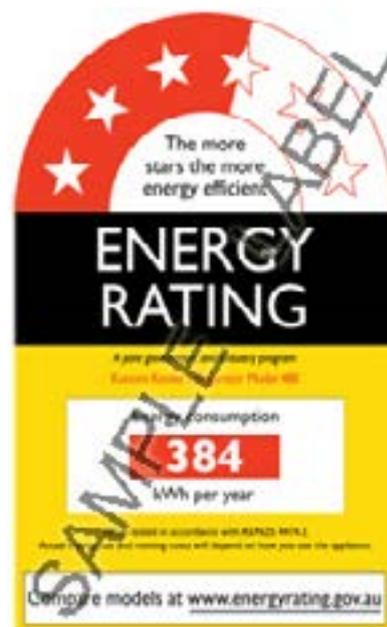
Handy hints

- Check the magnetic door seal for any leaks.
- Listen to make sure the fridge's on and off cycle is working. A fridge motor should only run about 30 percent of the time.
- Place your fridge/freezer in a cool position, away from the stove or oven. Leave a sufficient gap at the back to ensure there is a free flow of air past the coil.
- Help your fridge work efficiently: Keep it clean inside and out. Don't let dust build up on the condenser coil at the back.
- Set your fridge between 3 to 5 degrees Celsius and your freezer between -15 to -18 degrees Celsius.
- Refrain from opening the door too often or for too long.
- Do not place the fridge/freezer near the oven or stove, or against an uninsulated wall which faces the sun.
- When going away for long periods, empty, clean and turn off the fridge and leave the door open.
- Choose a fridge matched to your needs. A bigger fridge increases your electricity account.

Virtual Energy Audit

Our [Virtual Energy Audit](#) is an easy way to see how much you can cut down your usage and pay less.

Customise your virtual home to see how much electricity you are using in each room of your house, then look at your usage summary to see approximately how much electricity your household uses.



Before buying a fridge or freezer you should first decide on what size and features you need. If you are living by yourself, a small single door fridge may be sufficient for your needs, whereas a family of five may need a much larger fridge.

